



Dear Parents/Guardians,  
**School Vision: Learners with Passion, Citizens of Honour**

28 Feb 2018

**1. Event Calendar (Term 1 Week 9: 28 Feb – 7 Mar 2018)**

Dates	Day	Levels	Subject
1 Mar	Thu	P2	Math Review 1
1 Mar	Thu	4R	Road Safety Games (1.30pm to 5pm).
1 Mar	Thu	P3 & P4	Words Go Round (CL)
5 & 6 Mar	Mon & Tue	All	Mass Borrowing Activity by NLB
5 Mar	Mon	P3 & P4	Words Go Round (TL)
6 & 7 Mar	Tue & Wed	All	Inter-Class Games
7 Mar	Wed	P2	Theatre Experience (8am to 12pm)
7 Mar	Wed	P5	Words Go Round (ML)

**\*Supplementary/Remedial/Enrichment and CCAs (P4-P6)**

This is a reminder that the above activities will end this week, Week 9. They will resume in Term 2 Week 1.

**2. MOE Service Excellence (MSEA) Award 2017**

The MSEA is a MOE-wide Award to encourage all MOE staff to continually and consistently serve both internal and external customers with excellent service premised on CARE (Courtesy, Accessibility, Responsiveness and Effectiveness) and the 3 key Service Principles [People Centricity, Mutual Courtesy and Respect and Shared Responsibility for the Public Good].

It is our great pleasure to share that our Administrative Executive, Ms Tay Suan Zee, has been conferred the MSEA Gold Award 2017. Congratulations Ms Tay!

**3. MOE Kindergarten Open House and Registration Exercise**

MOE Kindergarten Open House and Registration Exercise will be coming up on 3 Mar 2018. Registration for K1 admission in 2019 for children born in 2014 will be welcomed. For more details, including the documents required for registration, please access the following URL: [www.moe.gov.sg/moekindergarten](http://www.moe.gov.sg/moekindergarten).

**4. Mass Borrowing Activity by National Library Board (NLB)**

Tampines Regional Library will be bringing NLB books to Changkat Primary School on 5 and 6 March 2018 (Monday and Tuesday). This is a good opportunity for your child to stock up on reading material for the March holidays. We would like to remind you to ensure the following so that your child will be able to borrow NLB books.

- Ensure your child/ward brings his/her school EzLink card or library card
- Please pay the fines (if any) in your child's/ward's library account at any Public Library before the Mass Borrowing Activity.
- If your child/ward has lost his/her school EzLink card, please report the loss at any Public Library and make a new library card (Note: A fee of \$1.00 applies for a new library card).
- Return all books in your child's/ward's library account at any Public Library before the mass borrowing activity.



- For P1 pupils, if you have just submitted your NLB membership applications, new membership cards will only be delivered in Term 2. Those who already have your NLB card, please bring it along for borrowing of books.

Please ensure that NLB books borrowed during this activity are returned to any Public Library by the due date indicated on the loan receipt.

After the mass borrowing activity, you may also view your child's/ward's borrowing record online at <http://www.nlb.gov.sg/> under the login (check your account) function at the top of the webpage.

All library members are also encouraged to sign up for NLB's email or SMS reminder service. This free service will remind you to return borrowed items on time. You can subscribe for this service at [http://www.nlb.gov.sg](http://www.nlb.gov.sg/) through their personal account via the login function or the self-service e-kiosks at any of the public libraries.

For further assistance, please call the NLB Helpdesk at 6332 3255.

### **5. Mending of Defect Uniform Shirts (last button hole) by School Uniform Vendor**

The school uniform vendor, My Uniform Shop, will be stationed at the School Canteen over 3 days from 7-9 March, 9am – 3pm daily to collect defective uniforms for mending of the last button hole of affected uniform shirts. The vendor will deliver the uniforms to the school for collection on the first week of school after the March holidays from 19-21 March, 9am – 3pm. During this period, the school will allow students to wear their PE shirt instead of the uniform shirt.

### **6. Cultivate Good Eye Care Habits**

Good eye care habits can help your child enjoy better vision.

#### Encourage Outdoor Play

Spending some time outdoors daily helps your child's overall health and development. Studies have shown (<https://sph.nus.edu.sg/news-events/news/outdoor-activities-can-help-prevent-myopia-children>) that an average of 2-3 hours/ day outdoor time for younger children may protect the child against myopia. There are lots of activities your child can enjoy with you and enhance your family togetherness and bonding.

- At the playground, your child can play with other children and interact socially as well. Parents too get to engage with each other.
- A walk in the park for young children to explore their natural surroundings given that Singapore has lots of parks within clusters of flats. Alternatively, walk the family pet or go on a nature trail.
- Active hobbies like cycling or swimming will have your children getting outdoors more and it gives you an opportunity to teach your child the skills to ride a bicycle.

#### Reduce Time Spent on Near Work

When indoors, monitor the time your child spends on continuous reading, writing and other near work. Limit unnecessary near work such as playing hand-held, hand phone or computer games. Get them to take breaks after continuous near work. They could focus on something in the distance, or go outdoors for a while.

#### **Consider the following good eye care habits to relieve eye strain:**

##### When reading, your child should:

- Keep a comfortable distance between the eyes and the reading medium.
- Read in a well-lit environment.

##### When your child uses the computer or digital media:

- Place the computer screen or tablet at a distance from the eyes.
- Adjust its screen to reduce glare from the reflection of other light sources.



- Ensure adequate lighting.

As a parent, you could do the following for/with your child:

- Sit together and read with your child in a comfortable chair.
- Help your child choose books with a larger print.
- Discourage your child from reading in bed and in moving vehicles.
- Take your child for regular eye-checks - visit an optometrist or optician at least once a year if your child is myopic or has been advised to do so by the School Health Service.

Links:

<https://www.healthhub.sg/live-healthy/719/Reduce%20the%20risk%20of%20Myopia>

### **7. NKF Postcard Design Contest 2018**

Instead of drinking water, children and teenagers often opt for sugar-sweetened beverages. Frequent consumption of such beverages can lead to obesity and health issues in adulthood like diabetes, one of the leading causes of kidney failure.

Through this contest, we hope to encourage our students to choose water and drink up to better health! For more information, please visit <http://www.nkfs.org/event/postcard2018> or email [postcard2018@nkfs.org](mailto:postcard2018@nkfs.org).

### **8. School Mini Bus Accident on Tue, 20 Feb 2018**

We would like to update you of an accident that took place in the school last Tuesday. The accident occurred right after school dismissal as our school buses were making their way out of the school compound. A mini school bus had rolled down the school driveway and hit the school main gate. Fortunately, all 8 students on the minibus were already wearing seatbelts or in the midst of being help by the bus attendant to secure their seatbelts. As a result, most of the students were unhurt while a few of them suffered some bumps and grazes from the accident. The bus attendant however, sustained some injury due to the incident. She is currently recovering from her injury.

We would like to share that the bus driver of the affected mini school bus has since been replaced. The school has also met up with the other bus drivers to reiterate its expectations for all safety procedures to be strictly adhered to when ferrying our young children.

We have also shared the incident with our students during assembly last week as a teachable moment, specifically emphasizing on the importance of wearing their seatbelts when they are on the bus (when they are available) or in their parents' car and to remain seated when the vehicle is moving. We have also introduced a pink card system where our bus drivers would highlight to the school any student who continue to misbehave on the school bus despite reminders.

We have extracted the following information on safety requirement for school buses from LTA's website for your reference.

- Bus attendants must be present on school buses used to carry children to childcare centres or kindergartens, and for those that are authorised to carry more than 30 children.
- All small buses that transport school children, including those attending international schools, special schools, kindergartens and childcare centres, must install forward-facing seats and retractable three-point seat belts. Small buses refer to buses with seating capacity for 15 passengers or less, and with maximum laden weight not exceeding 3,500 kg.

You may refer to the following LTA website if you wish to read up further on the safety requirements for school buses.

[www.lta.gov.sg/content/ltaweb/en/public-transport/buses/safety-requirements-for-school-buses.html](http://www.lta.gov.sg/content/ltaweb/en/public-transport/buses/safety-requirements-for-school-buses.html)



Our students' safety is of utmost importance. We would like to assure parents/guardians that the school will spare no effort in ensuring that the necessary structures and processes are put in place to provide a safe and secure learning environment for our students.

Thank you for your support.

With warm regards,

Cheng Huey Teng (Mrs)  
Principal

