



Dear Parents/Guardians,
School Vision: Learners with Passion, Citizens of Honour

9 May 2018

1. Event Calendar (Term 2 Week 8: 9 May – 16 May 2018)

Dates	Day	Levels	Subject
9 May	Wed	P2	MTL Review 1
9 May	Wed	P3 to P6	SA1 MTL Paper 2 & LC
10 May	Thu	P3 to P6	SA1 Science
10 May	Thu	P5 & P6 Tamil students	Learning Journey to Indian Heritage Centre (1.45pm – 5pm) Lunch (1.45pm – 2.15pm)
11 May	Fri	All	Sports Carnival, Art & Music Fiesta
14 May	Mon	All	Re-Opening of MRL

2. Primary One Registration – Phase 1 Registration Forms

A Phase 1 registration form will be given to each student who has indicated to have a sibling joining Primary 1 in 2019. Please complete and return it to your child's Form Teachers latest by Mon, 14 May. It is imperative that the completed form be returned to ensure that your younger child is duly registered in this priority phase.

3. Re-Opening of Media Resource Library

Our newly renovated Media Resource Library will be re-opened on Mon, 14 May 2018. Library opening hours will be from 9.00 a.m. till 5.00 p.m. daily.

Students can borrow up to four (4) books at one time. To check on the availability of books, please go to the library's website by clicking "Online Public Access Catalogue (OPAC)" under the "Students" tab on our school website's homepage. To check for outstanding loans and their respective due dates, students may log into the library's website using the following login credentials:

Borrower ID: BC number (e.g. T1234567A)

Password: BC number without the first letter (e.g. 1234567A)

We would also like to strongly encourage parents to read aloud to their children regularly. Reading aloud to children helps to improve children's cognitive development and increase their concentration and attention span. Studies also show that reading aloud to children helps to improve relationships between parents and their children and to positively reinforce a child's habit of reading.

(Source: <https://edition.cnn.com/2018/04/03/health/reading-aloud-to-kids-go-ask-your-dad/index.html>)

4. Pre-assembly Silent Reading

To cultivate a love for reading in both the English language and Mother Tongue language, the school has decided to designate one more day for the reading of MT books during pre-assembly. With effect from this week, Monday and Tuesday is dedicate to reading of English language books and Thursday and Friday for reading of Mother Tongue language books. All students should have a book for pre-assembly silent reading. We would like to strongly encourage students to borrow books from our MRL and the National Library.



5. Healthy Eating at School Canteen

Our school ensures that healthier food and beverage choices are being sold in our school canteen. We aim to help our students cultivate healthy eating habits right from a young age. The canteen vendors are committed to cut down fat, sugar and salt in their food and they must serve whole grains, fruit and vegetables. Our staff and the School Canteen Committee regularly check and advise our canteen stalls operators in their food selection and preparation. All the food and drinks sold in the canteen are tagged with the Healthier Choice Logo. Additionally, snacks with sodium content of more than 120mg are not allowed even if they are tagged with the healthier logo. As such, many potato chips with healthier choice logo are not allowed to be sold in the school. Additionally, the choice of oil used is also controlled.

Health Promotion Boards (HPB) checks our school canteen 2 to 3 times a year. We are pleased to inform that the school has passed the assessment for Healthy Meals in School Programme (HMSP) in 2016 and 2017. This essentially means that all the food stalls in our canteen fulfil the guidelines of HMSP standard.

Presently, a standard set meal in our school starts at \$1.00 and does not include a fruit serving. Starting from Semester 2, we will be including a piece of cut fruit in the bento set. The minimum price for a set meal will thus be \$1.30 instead of \$1.00, where 30-cents will go to the serving of cut fruit. Do note that we have not increased the price of food sold at the canteen. The last price increase was in 2012. We seek your strong support in this as we want our students to consume a minimum serving of fruit every day. This will ensure that our student receive the appropriate nutrients necessary for their growing needs. Teachers will be stationed at the canteen to educate students on the importance of fruit consumption and efforts will be made to ensure minimum food/fruit waste. You might also like to note that the meals sold in our canteen incorporate food from the four main food groups:

- 1) brown rice, wholemeal bread
- 2) meat and others
- 3) vegetable
- 4) fruit (compulsory w.e.f. 25 Jun 2018)

We have galvanised our efforts to ensure that our students eat healthily in school. We urge you to partner us by reinforcing or role-modelling healthy eating habits at home or when you eat out with your children.

6. Sexuality Education 2018: The Growing Years Programme for Primary 5

We will be conducting the Growing Years Programme for the Primary 5 students on Thu, 17 May and Fri, 18 May 2018. The programme addresses pertinent issues relating to physical, emotional and psychological changes that children experience with puberty. Through attending the programme, children will have the privacy of space in the absence of the opposite gender to clarify their understanding of issues relating to their bodies, gender roles and relationships within the family, on the appropriateness of physical touches, and how they can and should look for help when their sense of safety is compromised. All children are automatically opted into the programme unless otherwise informed by parents. Should you wish to opt your child/ward out from the programme please complete the Opt-out Form given to your child/ward and have him/her submit it to the Form Teacher, latest by Fri, 11 May 2018. Students who opt out of the programme will still be required to report to school. They will be assigned work while their classmates attend the Sexuality Education lessons.

7. Sports Carnival, Art & Music Fiesta

The Annual Sports Carnival and Art & Music Fiesta 2018 will be held this Fri, 11 May 2018. Students will start the day by witnessing the Olympic cauldron being lit up at the school hall to mark the opening ceremony of the Sports Carnival. NILA, the official mascot of the 28th SEA Games and the 8th ASEAN Para Games, will make its appearance on event day. NILA will be making his rounds during the carnival and will be unleashing the force of his personality to bring out the cheer in everyone.

The school has also invited ActiveSG to manage games stations located at the Basketball Court for the Upper Primary (P4 – P6) students. Each level will be involved in a variety of sports activities planned for them.



The Aesthetics Team has also planned a fun and exciting line-up of art and music activities during periods where students are not participating in the Sports Carnival.

Attire and Things to Bring

All students are to be in their PE attire the entire day and may choose to wear their sports shoes throughout the day if they wish. They are also expected to bring their water bottles.

Dismissal

Dismissal will be as per normal school days. P1 and P2 will be dismissed at 1.30 p.m. All the other levels will be dismissed at 2.00 p.m.

8. 2018 Direct School Admission (DSA) Exercise

Students interested in applying for direct school admission to secondary schools for admission in 2019 may do so from 9 May 2018.

The DSA exercise allows students with talents and achievements beyond what is recognized at the Primary School Leaving Examinations (PSLE) to seek admission to secondary schools that can develop their talent further.

There are 143 secondary schools participating in the 2018 DSA-Sec Exercise. Students are encouraged to check the MOE DSA-Sec website via <https://beta.moe.gov.sg/> for important dates and timelines, and for information on how the exercises will be conducted. The MOE DSA-Sec website also contains the full list of DSA categories that are offered for the 2018 exercise, and the secondary schools offering them. Interested students should visit the individual schools' websites for more information on their open houses, application periods and procedures, plus selection criteria, which may differ from school to school.

Thank you for your support.

With warm regards,

Cheng Huey Teng (Mrs)
Principal

